		1 2 2 3			- 1:2:0i	No.
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Visits with Dulce for the entire day AL & IAL.  Starting with IAL at 10am. Visits can be in your room or in the hallway	Haygood/Library/Post Office Trips are the 2nd & 4th Fridays from 9am-11am  MARIAN  MANOR  ASSISTED LIVING  Please be in the Living Room ready to depart by 8:45am	Walmart/Target/Bank Trips are on Monday mornings from 9am-11am  Sign up at the concierge desk. Please be in the Living Room and ready to depart by 8:45am	Happy New Year! 1 8:45 Rosary w/ Ann Labuda – C 9:30 Communion Service – C 10:00 Morning Exercise– TR 10:30 Daily Devotion-TR 1:00 Biblical Trivia-C 3:00 Chair Zumba w/ Peggy-TR	8:45 Rosary w/ Ann Labuda – C 9:30 Mass – C 9:30 Beautiful Nails w/ Ro-AR 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 LC Tasty Thursday-SR 1:30 Uno w/ Peggy- L 2:30 Bingo -L 3:00 LC Poetry Reading-SR 4:00 Happy Hour-LR 6:30 Canasta-L	Belles & Beaus Open!! 3 8:45 Rosary w/ Anne-C 9:30 First Friday Communion-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3rd Floor 1:30 Sweet Treats-TR 4:00 Happy Hour-LR 5:00 Trivia Pursuit w/ Lori & Jake-L TBA Cinema Café (Wicked)-O	10:00 Advocate for Souls in Purgatory—C 1:00 Arts & Crafts w/ Nancy–AR 1:30 LC Karaoke with Dennis –SR 2:00 Poker w/ Celeste – L 2:30 Music w/ Dennis-SR 3:00 Spades w/ Nonie-PDR 4:00 Happy Hour w/ Dennis-LR 6:00 Hallmark Movie— Ch.74
8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service- C 2:30 LC Devotion – SR 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:30 Bingo-L	9:00-11:00 Walmart/Bank 8:45 Rosary-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/Peggy Gibson – TR 10:30 Daily Devotion-TR 11:00 LC Bread Making – SR 12:00 LC Volleyball Exercise-SR 1:00 The Parables of the Old Testament and the fulfillment of the New Testament- C 1:30 Arts & Crafts w/ Nancy-AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 4:00 Happy Hour-LR	10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy— TR 10:30 Coupon Clipping-L 10:30 LC Karaoke – SR 10:30 Daily Devotion-TR 12:00 LC Meditation -SR 1:00 Bear Stuffing & Simple Mending-AR 1:00 Bible Stories-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR 4:00 Happy Hour – LR	8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– TR 10:30 Daily Devotion-TR 10:30 Craft w/ Jane & Sue-AR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1: Biblical Trivia-C 1:30 Hot Coco & Movie-SR 2:00 Bridge—L 2:30 Bingo w/ Mary & Mark-TR 4:00 Happy Hour- LR 6:30 Bingo w/ Trovato Brothers-L	9:30 Beautiful Nails w/ Ro-AR 9:30 Trip to Five Below-O 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 LC Tasty Thursday-SR 1:30 Uno w/ Peggy- L 2:30 Bingo -L 3:00 LC Poetry Reading-SR 4:00 Happy Hour-LR 6:30 Canasta-L	9:00-11:00 Haygood/Library/Post Office/Bank 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3 <sup>rd</sup> Floor 1:30 Sweet Treats-TR 2:00 History Class w/ Susan-C 4:00 Happy Hour-LR 5:00 Trivia Pursuit w/ Lori & Jake-L	11 10:00 Advocate for Souls in Purgatory—C 1:00 Arts & Crafts w/ Nancy—AR 1:30 LC Karaoke with Dennis —SR 2:00 Poker w/ Celeste — L 2:30 Music w/ Dennis-SR 3:00 Spades w/ Nonie- PDR 4:00 Happy Hour w/ Dennis-LR 6:00 Hallmark Movie— Ch.74
8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service- C 3:15 Symphonicity: 26th Annual Lollipop Concert, The Snowman, Movie with Music- Sandler Center 2:30 LC Devotion – SR 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:30 Bingo-L	9:00-11:00 Walmart/Bank 8:45 Rosary-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/Peggy Gibson – TR 10:30 Daily Devotion-C 11:00 LC Bread Making – SR 12:00 Romeos Club-Hooters 12:00 LC Volleyball Exercise-SR 1:00 The Parables of the Old Testament and the fulfillment of the New Testament-C 1:30 Arts & Crafts w/ Nancy-AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 4:00 Happy Hour-LR	10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy-TR 10:30 Coupon Clipping-L 10:30 LC Karaoke – SR 10:30 Daily Devotion-TR 10:30 Connors Culinary Creations-AR 12:00 LC Meditation -SR 1:00 Bear Stuffing & Simple Mending-AR 1:00 Bible Stories-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR 4:00 Happy Hour – LR	8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– TR 10:30 Daily Devotion-TR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1: Biblical Trivia-C 1:30 Bake Off -AR 2:00 Bridge—L 3:00 Chair Zumba w/ Peggy-TR 4:00 Happy Hour- LR	Library (L), Living Room (LR Main Dining Room (MDR), Pri (TR), TV Room (TVRM), Out TV bulletins located near the	R), Back Patio (BP), Chapel(C), From R), Lynnhaven Cove (LC), Lynnhaven ivate Dining Room (PDR), Salon (S) ting (O) ~ Activities typically run 30 elevators and in Lynnhaven Cove for	en Cove Dining Room (LCDR), , Sunroom (SR), Terrace Room min. to 1hr. Please check daily

7	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Legend: Activity Room (AR), l (L), Living Room (LR), Lynnha Room (MDR), Private Dining F (TVRM), Outing (O) ~ Activiti	Back Patio (BP), Chapel(C), Front Porce oven Cove (LC), Lynnhaven Cove Dinin Room (PDR), Salon (S), Sunroom (SR), es typically run 30min. to 1hr. Please chand in Lynnhaven Cove for any update	g Room (LCDR), Main Dining Terrace Room (TR), TV Room eck daily TV bulletins located	Transportation for doctor's appointments is provided all day on Wednesdays only!  Appointment slips can be found on the door of the Activities office.	9:30 Beautiful Nails w/ Ro-AR 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 LC Tasty Thursday-SR 1:30 Uno w/ Peggy- L 2:30 VA Beach Library Craft/Checkup-AR 3:00 LC Poetry Reading-SR 4:00 Happy Hour-LR 6:30 Canasta-L	10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3 <sup>rd</sup> Floor 1:30 Bake Off-AR 2:00 History Class w/ Susan-C 4:00 Happy Hour-LR 5:00 Trivia Pursuit w/ Lori & Jake-L	10:00 Advocate for Souls in Purgatory—C 1:00 Arts & Crafts w/ Nancy—AR 1:30 LC Karaoke with Dennis – SR 2:00 Poker w/ Celeste – L 2:30 Music w/ Dennis-SR 3:00 Spades w/ Nonie- PDR 4:00 Happy Hour w/ Dennis-LR 6:00 Hallmark Movie— Ch.74
	8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service- C 2:30 LC Devotion – SR 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:30 Bingo-L	Martin Luther King Day 20 9:00-11:00 Walmart/Bank 8:45 Rosary-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Peggy Gibson – TR 10:30 Daily Devotion-TR 11:00 LC Bread Making – SR 12:00 LC Volleyball Exercise-SR 1:00 The Parables of the Old Testament and the fulfillment of the New Testament—C 1:30 Arts & Crafts w/ Nancy-AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 3:00 Martin Luther King Program w/ Malcolm Skinner-TR	National Activity 21 Professionals' week starts 10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy- TR 10:30 Coupon Clipping-L 10:30 LC Karaoke – SR 10:30 Daily Devotion-TR 11:00 Red Hats Luncheon- Las Palmas 12:00 LC Meditation -SR 1:00 Bible Stories-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR 4:00 Happy Hour – LR	8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– TR 10:30 Daily Devotion-TR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1: Biblical Trivia-C 1:30 Hot Coco & Movie-SR 2:00 Bridge—L 2:30 Bingo w/ Mary & Mark-TR 4:00 Happy Hour- LR	9:30 Beautiful Nails w/ Ro-AR 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 LC Tasty Thursday-SR 1:30 Uno w/ Peggy- L 2:30 Bingo -L 3:00 LC Poetry Reading-SR 4:00 Happy Hour-LR 6:30 Canasta-L	9:00-11:00 Haygood/Library/Post Office/Bank 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3 <sup>rd</sup> Floor 1:30 Sweet Treats-TR 2:00 History Class w/ Susan-C 3:00 Residents Council Meeting-TR 4:00 Happy Hour-LR 5:00 Trivia Pursuit w/ Lori & Jake-L	10:00 Advocate for Souls in Purgatory—C 1:00 Arts & Crafts w/ Nancy—AR 1:30 LC Karaoke with Dennis – SR 2:00 Poker w/ Celeste – L 2:30 Music w/ Dennis-SR 3:00 Spades w/ Nonie- PDR 4:00 Happy Hour w/ Dennis-LR 6:00 Hallmark Movie— Ch.74
	8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service- C 2:15 PB&J Dancing Princesses – Sandler Center 2:30 LC Devotion – SR 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:30 Bingo-L	National Activity 27 Professionals' week ends 9:00-11:00 Walmart/Bank 8:45 Rosary-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/Peggy Gibson – TR 10:30 Daily Devotion-TR 11:00 LC Bread Making – SR 12:00 LC Volleyball Exercise-SR 1:00 The Parables of the Old Testament and the fulfillment of the New Testament-	28 10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy-TR 10:30 Coupon Clipping-L 10:30 LC Karaoke – SR 10:30 Daily Devotion-TR 12:00 LC Meditation -SR 1:00 Bear Stuffing & Simple Mending-AR 1:00 Bible Stories-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR	Chinese New Year 29 8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– TR 10:30 Daily Devotion-TR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1:00 Biblical Trivia-C 1:30 Chinese New Year Craft & Snack-TR 3:00 Hot Coco & Movie-SR 2:00 Bridge—L	9:30 Beautiful Nails w/ Ro-AR 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 LC Tasty Thursday-SR 1:30 Uno w/ Peggy- L 2:30 Bingo -L 3:00 LC Poetry Reading-SR 3:00 Dining Committee Meeting-TR 4:00 Happy Hour-LR 6:30 Canasta-L	31 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3rd Floor 1:30 Sweet Treats-TR 3:00 January Birthday Celebration-TR 5:00 Trivia Pursuit w/ Lori & Jake-L	Happy 2025
	o.so bingo-L	1:30 Arts & Crafts w/ Nancy–AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 4:00 Happy Hour-LR	4:00 Happy Hour – LR 5:00 MM Night Out w/ Pastor Vicki- O	4:00 Happy Hour- LR	v.sv Canasta-L		New Year!