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*Marian Manor's
Belles and Beaus*



Open temporarily on
Monday, Tuesday,
Wednesday
2:30pm-4:00pm
Call Pastor Vicki for
an appointment at
757-456-5018 ext. 126.
Donations Accepted



Extras at Marian Manor

AT YOUR SERVICE:

Karen Land, Ext: 122
Executive Director
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Imelda Angat, Ext: 133
Director of Nursing
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Surena Hendricks, Ext: 138
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Chef Malcolm Skinner, Ext:131
Director of Dining
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Roshell Yancey, Keats Ashley, & Dennis Kelley, Ext: 134
Life Enrichment Associates
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Vicki Bohannon , Ext. 126
Pastoral Counselor
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Amanda Hill, (757) 473-0693 – Fax #: (757) 573-0065
Director of Rehabilitation/LPTA
amanda@marian-manor.com

Specialized Services:

Podiatrist – Rhonda Johnson, Mid-Atlantic Long-Term Care

- Tuesday, December 10th & Monday, December 16th: sign up at the 2nd floor nurses station

Beltone – Grace Clarke

- Wednesday, December 18th : arrive at 2:30pm

Dermatologist

- A future date will be announced when a new dermatologist is hired.

December 2024

Chatterbox



Pearl Harbor Remembrance Day
Patriotic Music w/ Dennis
Saturday, December 7
2:30pm
Sunroom

Breakfast & Selfies w/ Santa
Saturday, December 7
9am-11am
Terrace Room

Craft Show
Saturday, December 7
9am-1pm
Living Room

One Purpose Singing Group
Sunday, December 8
1:30pm
Chapel

Virginia Voices Christmas Show
Monday, December 9
6pm
Sandler Center

Angel Tree Art Class
Monday, December 16
2:00pm
Activity Room

Eggnog Day - Bingo
Tuesday, December 24
2:30pm
Library

Christmas Day wear
(Red & Green)
Wednesday, December 25

New Years Eve Party!
Tuesday, December 31
3:30pm
Terrace Room

Happy Veterans Day!



“How important it is for us
to recognize and celebrate
our heroes and she-roes!
– *Maya Angelou*





ACTIVITY HIGHLIGHTS

Beltone Holiday Ornament Decorating Join *Beltone* in the Activity Room on Wednesday, December 4th at 10:30am for an ornament creating craft.

Hot Cocoa Bar Join Archer in the Living Room on Thursday, December 5th from 2pm-5pm for some delicious hot cocoa.

Ambassador Refresher Join *Lisa Poole Johnson, Director of Admissions* on Friday, December 6th at 2:30pm in the Terrace Room. She will lead a refresher regarding your role as an ambassador. For those who are already ambassadors and ones who would like to join the Ambassador family please attend this meeting.

A Christmas Carol Join us Saturday, December 7th the van departs at 1:00pm to the Sandler Center where Magic is in the air this holiday season. VMT brings back the family-friendly holiday classic, A CHRISTMAS CAROL. Based on the holiday story by Charles Dickens, with original music by Chip Gallagher and lyrics by Jeff Meredith and Chip Gallagher. This spectacular holiday extravaganza premiered 30 years ago. This new production will include new music, sets, and costumes. *First 8 tickets are complimentary then tickets cost \$15. Please Sign-up at the concierge desk.*

PAC 700 Caroling Join this troop on Saturday, December 7th at 1:00pm-3:00pm in the Terrace Room. You will hear lots of your favorite Christmas carols sang by kids with sweet voices.

One Purpose Singing Group Join us on Sunday, December 8th at 1:30pm in the Chapel. "One Purpose" is a small group of women who have been singing together since the 80's, though all are not original members. They are now a non-profit organization. They share a bond of friendship that cannot be broken. They are daughters, wives, mothers and even grandmothers. "Their one purpose is to glorify God through music and testimony. They consider it a joy to be with us all in December as we honor and celebrate Jesus' birth together during this Christmas season.

Church of Ascension Concert Join us for this FREE concert to journey through advent to Christmas on Sunday, December 8th van departs at 2:15pm show starts at 3pm. Immediately after the concert the Church is inviting us to join them for cookies and cocoa. We will also be able to write and decorate our own Christmas cards. *Please Sign-up at the concierge desk.*

Virginia Voices International Join us on the Monday, December 9th at 6pm as we depart for the Sandler Center, to enjoy Virginia Voices International and the Bella Dancers for another amazing Christmas Show. *Tickets are \$19.*

Hurrah for the Holidays Join us for this FREE concert guaranteed to get you in the holiday spirit is the annual production of "HURRAH FOR THE HOLIDAYS"! This joyful celebration is a beautiful show like the Radio City Holiday show, featuring all the best music of the season – from your favorite classic standards to popular modern-day hits, dancing elves, a holiday kick line and more!! Join us on Thursday, December 11th departs at 6:30pm. *Please Sign-up at the concierge desk.*

Holiday Paint and Sip Join us on Thursday, December 12th at 4:00pm in the Activity Room. We will have a holiday painting class during happy hour so don't worry there will be wine. You don't have to know how to paint just come down and have a great time during this special happy hour.

Honking in the Holidays Join us on the Front porch on Saturday, December 14th at 2pm for our annual Honking in the Holidays parade.

Bear Stuffing & Simple Mending Join us every Tuesday except the Third Tuesday of every month at 1:00pm in the Activity Room. Susan & Bob Deml will be here to help draw, color, and sew bears that will be donated to CHKD, VB Police, Fire Department and EMS.

*A message from our
Pastoral Counselor*



WHY BETHLEHEM?

Jesus was born in Bethlehem of Judea

Matthew 2:1

Someone once said that the hinge of history is on the door of a Bethlehem stable. There were thousands of towns in the days of Christ, but (Micah 5:2) predicted only one as the Messiah's birthplace: "But as for you, Bethlehem Ephrathah, too little to be among the thousands of Judah, yet out of you shall come forth to me the One to be Ruler in Israel, His times of coming forth are from long ago. From the days of eternity."

The name Bethlehem means "House of Bread," and Christ is the Bread from heaven. Ephrathah means "fruitfulness." As Jesus later told His disciples, "By this My Father is glorified, that you bear much fruit." (John 15:8.) As Jesus later told His disciples, "By this My Father is glorified, that you bear much fruit." (John 15:8) In a forgotten corner of a forgotten town came the most unforgettable news the world has ever heard. In the House of Bread, Bread was served. In the town of fruitfulness, someone came as the sweet fruit of heaven.

Just as Jesus quietly arrived in that town of Bethlehem, so He longs to be born again in the hearts of every one of us.

"The greatest gift you will ever receive will never be found under a Christmas Tree. It is far too valuable to be stored in any other place but in the depths of your heart."

- Unknown

Keep the **SON** in your eyes!

Pastor Vicki

December Birthdays



Residents

| | |
|-----------------|-------|
| Lizzie Thomas | 12/03 |
| Mary Lou Sholes | 12/05 |
| Donald Rudy | 12/17 |
| Dolores Gaskey | 12/22 |

Employees

| | |
|-------------------|-------|
| Imelda Jimenez | 12/2 |
| Mary Gorman | 12/13 |
| Bobette Powell | 12/15 |
| Luisa Stevens | 12/19 |
| Josephine Palanca | 12/25 |
| Geraldine Lofland | 12/25 |
| Carmen Truong | 12/29 |



Please join us as we celebrate our residents and staff during their special month! There will be a joint Birthday Bash held on **Friday, December 27th at 3:30pm in the Terrace Room.**



Did you know that Older Driver Safety Awareness Week is December 2-6? This is a good time to remember that even routine changes that come with aging can impact our ability to drive safely. It is best to always communicate any questions or concerns with your physician but collaborating with healthcare professionals like physical and occupational therapists and speech language pathologists can make a difference in ensuring safety and comfort on the road.

By addressing physical strength, comfort in the vehicle, and cognitive health, your Powerback rehab team can really help maintain your independence while driving safely. They can also recommend devices that provide increased support when getting in and out of the car or make it easier to reach and secure your seatbelt. Our therapists can also provide vision screenings and support for cognitive changes that are crucial for safe driving. Please reach out to your Powerback Rehab team at 757-473-0693 so they can guide you in the right direction. They're here to help you with any questions or concerns about maintaining your driving safety and independence!



ACTIVITY HIGHLIGHTS

Angel Making for Memory Tree Monday, December 16th at 2pm in the Activity Room. Please come and join Nancy and Life Enrichment in the activity room to make Angel ornaments for all who have gone to be with the Lord in 2024. Then we will be hanging them on the Christmas trees in the Chapel during our Sunday service on **Sunday, December 22nd at 1:30pm**. Please come and make a beautiful reminder for all to see in memory of our loved ones.

Karens All Star Kazoo Band Join us on **Tuesday, December 17th at 4pm** for a happy hour live featuring Karen Land's All Star kazoo band in the Terrace Room.

Staff Christmas Caroling Concert To bring some extra Holiday Cheer to Marian Manor the staff decided to have a Christmas karaoke on **Thursday, December 19th at 4pm in the Living Room**.

Red Hat's Luncheon Join Jane Reynolds, volunteer, at **11:00am** on **Tuesday, December 17th**. Red Hatters are having their monthly luncheon at **Bravos Italian**, this small business is veteran owned, and woman owned catering to your tastes and needs, to provide the best experience possible for all guests. Do not forget to wear your red and purple! **Please Sign-up at the concierge desk.**

Ugly Christmas Sweater Fashion Show Wednesday, December 18th at 4pm in the Living Room. Who will have the ugliest sweater this year? There's only one way to find out – come down and see! Residents AND staff are invited to participate. We will also have holiday karaoke!

Va Beach Library Craft and Library Check-up Join volunteers, Shannon and Kathi in the Activity Room on **Thursday, December 19th, 2:30pm**. Come and create. Library materials will also be available for check out. See Shannon and Kathi if there are any books that you want to return or if they can be added to our library.

Connor Culinary Creations Join Connor for another culinary creation making gingerbread cookies on **Tuesday, December 24th at 10:30am in the Activity Room**. **Please Sign-up at the concierge desk.**

Christmas Choir Concert/Live Nativity Join Pastor Vicki on **Monday, December 23rd at 2:30pm in the Chapel**. The Marian Manor Christmas choir will present the Christmas Story and Live Nativity for all residents, staff, and family members. Come celebrate with us. If you would like to be apart of the Live Nativity, please turn in the enclosed insert to Life Enrichment or the Pastoral counselor.

Bingo w/ Holiday Cookies & Eggnog Tuesday, December 24th at 2:30pm in the Terrace Room. Join us as we sing-along to your favorite Christmas songs while enjoying holiday cookies and eggnog .

Dining Committee Meeting This month's Dining meeting will be on **Thursday, December 26th at 3pm in the Terrace Room**. All residents are encouraged to attend!

December Birthday Bash Friday, December 27th at 3:30pm-5pm in the Terrace Room. All residents are invited as we celebrate this month's birthday celebrants. Come down for cake, ice cream and karaoke. Our resident birthday party takes place the of Happy Hour, so you will not miss your favorite glass of wine before dinner.

Cider & Gingerbread cookies Monday, December 30th at 4pm on the Living Room. Join us singing along to your favorite Christmas songs while enjoying fresh ginger cookies prepared by Life Enrichment and some hot and iced cider.

New Years Eve Party Join us for a start to a new year with poppers, champagne and cupcakes on **Tuesday, December 31st at 3:30pm in the Terrace Room**. The New Years Eve party takes the place of Happy Hour, so you will not miss your favorite glass of wine before dinner. **Entertainment by Ava and Bryan Stevenson.**



November Fun with Residents



Winnie & her turkey craft



SGG Christmas Bazaar was a success!



Paint pouring on mini pumpkins



Peggy won big bucks at SGG Bingo Night



Pat packing and labeling crafts for our upcoming sale



The Virginia Beach Aquarium brought smiles to our residents.



The Beach Tones performed an amazing show as always



"The cold never bothered us anyway"... Especially when we have a hot cup of cocoa and smores to enjoy at our campfire.



Our residents enjoyed watching the Silver Tappers



Vivian gathering all the details during our Chrysler Museum Tour



Teresa and Cathy are our in-home florist, and they are fabulous!

12/2-12/14 Door Decorating Contest Starts

12/7 Breakfast & Selfies w/ Santa (For Kids, Residents, & Fur Babies)

12/10 Christmas Pajama Day & Elf on the Shelf Hunt All Day (6 Winners)

12/13 All that Glitters, Winter Wonderland wear blue, white, and silver Holiday Jeopardy w/ Cocoa & Cookies @1:30PM in the Terrace Room

12/14 Honking in the Holidays Car Parade @2PM in the Parking lot

12/16 Christmas Sock/Slipper Day – We are collecting socks for the homeless. Thank you for your donation!

12/17 Holiday Baked Goods Contest & Tasting

12/18 Residents & Staff Ugly Sweater Fashion Show with Holiday Karaoke

12/19 Holiday Headgear & Staff Merry-Oke Happy Hour Concert

12/20 Selfies w/ Santa Residents and Staff

12/23 Christmas Choir Concert/Live Nativity in the Chapel performed by residents and staff

12/25 Wear Red & Green (Dining room closed for dinner. Boxed dinners will be delivered.)



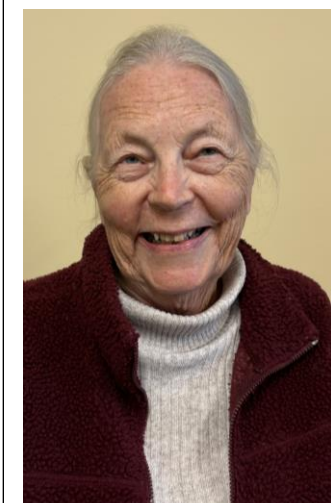
Welcome Home !!!

Carol Kraus Apt. 206



Carol is from Bayshore, NY and she grew up in Brightwaters, NY. Carol enjoys reading and gardening. She listens to Perry Como and Judy Garland. Her favorite comfort food is hotdogs with sauerkraut.

Mary "Sandy" Robinette Apt. 217



Sandy enjoys parties, exercise, reading and listening to classical music. She was born in Bryn Mawr, Pennsylvania and raised in Subaru Philadelphia.