

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service- C 2:30 LC Devotion – SR 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:00 Doug and the Original Super Band – TR 6:30 Bingo-L	Door Decorating Starts 9:00-11:00 Walmart/Bank 9:15 Rosary w/ Elizabeth-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/Peggy Gibson – TR 10:30 Daily Devotion-TR 11:00 LC Bread Making – SR 12:00 LC Volleyball Exercise-SR 1:00 Christmas Choir Rehearsal-C 2:00 Arts & Crafts w/ Nancy–AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 4:00 Happy Hour – LR	10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy–TR 10:30 LC Crafts (Ornaments)– SR 10:30 Daily Devotion-TR 12:00 LC Meditation -SR 1:00 Bear Stuffing & Simple Mending-AR 1:00 Christmas Choir Rehearsal-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR 4:00 Happy Hour – LR	8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– TR 10:30-12:00 Beltone Holiday Ornament Decorating-AR 10:30 Daily Devotion-TR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1:00 Christmas Choir Rehearsal-C 1:30 Hot Coco & Movie-SR 2:00 Bridge—L 3:00 Chair Zumba w/ Peggy-TR 4:00 Happy Hour- LR	9:30 Beautiful Nails w/ Ro-AR 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 Uno w/ Peggy- L 2:00-5:00 Hot Cocoa with Hospice Team-LR 2:30 Bingo -L 3:00 LC Poetry Reading-SR 4:00 Happy Hour-LR 6:30 Canasta-L	8:45 Rosary w/ Anne-C 9:30 First Friday Communion-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3 rd Floor 1:30 Sweet Treats-TR 2:30 Ambassador Refresher-TR 4:00 Happy Hour-LR 5:00 Trivia Pursuit w/ Lori & Jake-L 6:30 Line Dancing-TR	<i>Pearl Harbor Remembrance</i> 9:00-11:00 Breakfast & Selfies w/ Santa-TR 10:00 Advocate for Souls in Purgatory—C 9:00-1:00 Craft Sale -LR 1:00 A Christmas Carol – Sandler Center 1:00-3:00 PAC 700 Caroling-H 1:30 LC Karaoke with Dennis –SR 2:00 Poker w/ Celeste – L 2:30 Patriotic Music w/ Dennis-SR 3:00 Moment of Silence 3:00 Spades w/ Nonie- PDR 4:00 Happy Hour w/ Dennis-LR 6:00 Hallmark Movie– Ch.74
8	9	10	11	12	13	14
8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service w/ One Purpose - C 2:30 LC Devotion – SR 2:15 Christmas Concert at Ascension-O 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:00 Doug and the Original Super Band – TR 6:30 Bingo-L	The Immaculate Conception of the Blessed Virgin Mary 9:00-11:00 Walmart/Bank 8:45 Rosary-C 9:30 Communion Service-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/Peggy Gibson – TR 10:30 Daily Devotion-TR 11:00 LC Bread Making – SR 12:00 LC Volleyball Exercise-SR 1:00 Christmas Choir Rehearsal-C 2:00 Arts & Crafts w/ Nancy–AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 4:00 Happy Hour-LR 6:00 Virginia Voices- Sandler Center	Christmas Pajama Day <i>/ Elf on the Shelf</i> 10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy–TR 10:30 LC Crafts (Stockings)– SR 10:30 Daily Devotion-TR 12:00 LC Meditation -SR 1:00 Bear Stuffing & Simple Mending-AR 1:00 Christmas Choir Rehearsal-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR 4:00 Happy Hour – LR 6:00 LC Christmas Lights Joy Ride-O	8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– TR 10:30 Crafting w/ Sue & Jane-AR 10:30 Daily Devotion-TR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1:00 Christmas Choir Rehearsal-C 1:30 Hot Coco & Movie-SR 2:00 Bridge—L 2:30 Bingo w/ Mary & Mike-TR 4:00 Happy Hour – LR 6:30 Hurrah for the Holidays-Virginia Wesleyan	9:30 Beautiful Nails w/ Ro-AR 10:00 LC 1 on 1 Visits 10:00 Morning Exercise – TR 12:00 LC Music Making -SR 1:30 LC Tasty Thursday-SR 1:30 Uno w/ Peggy- L 2:00-2:15 Christmas Cards & Caroling w/ 2 nd graders from SGG-TR 2:30 Bingo -L 3:00 LC Poetry Reading-SR 4:00 Happy Hour Holiday Paint and Sip-TR 6:30 Canasta-L	<i>All that Glitters</i> Winter Wonderland 9:00-11:00 Haygood/Library/Post Office/Bank 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/ Brenda Shore – TR 12:00 Scented Hand Massage & Music-SR 12:00 Chess Club w/ Lori & Steve-3 rd Floor 1:00 Eric Ingersole Piano Performance-LR 4:00 Happy Hour Jeopardy w/ Cookie Bar-TR 5:00 Trivia Pursuit w/ Lori & Jake-L 6:30 Line Dancing-TR	10:00 Advocate for Souls in Purgatory—C 1:30 LC Karaoke with Dennis –SR 2:00 Poker w/ Celeste – L 2:30 Music w/ Dennis-SR 3:00 Spades w/ Nonie- PDR 4:00 Happy Hour w/ Dennis-LR 6:00 Hallmark Movie– Ch.74
15	16	17	18	Legend: Activity Room (AR), Back Patio (BP), Chapel(C), Front Porch (FP), Hallways (H), Library (L), Living Room (LR), Lynnhaven Cove (LC), Lynnhaven Cove Dining Room (LCDR), Main Dining Room (MDR), Private Dining Room (PDR), Salon (S), Sunroom (SR), Terrace Room (TR), TV Room (TVRM), Outing (O) ~ Activities typically run 30min. to 1hr. Please check daily TV bulletins located near the elevators and in Lynnhaven Cove for any updates and/or changes.		
8:45 Rosary – C 9:30 Sunday Communion–C 12:30 Shuttle to SGG Mass 1:30 All Faith Service -C 2:30 LC Devotion – SR 3:00 Piano Sing Along w/ Dr. Villasis-LR 3:30 LC Hymn Sings – SR 4:00 Happy Hour w/ Sam- LR 6:00 Doug and the Original Super Band – TR 6:30 Bingo-L	Christmas Sock/Slipper Day 9:00-11:00 Walmart/Bank 9:15 Rosary w/ Elizabeth-C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise w/Peggy Gibson – TR 10:30 Daily Devotion-TR 11:00 LC Bread Making – SR 12:00 LC Volleyball Exercise-SR 1:00 Christmas Choir/Live Nativity Dress Rehearsal-C 2:00 Angel Tree Arts & Crafts w/ Nancy & Ro–AR 2:00 Balance in Action-TR 3:00 Scrabble w/ Brenda-L 4:00 Happy Hour – LR 6:30 American Heritage Troops-TR	Holiday Homemade Desserts Contest 10:00 1 on 1 Visits 10:00 Morning Exercise w/ Peggy–TR 10:30 LC Crafts (Dog Treats)– SR 10:30 Daily Devotion-TR 11:00 Red Hats Luncheon-O 12:00 LC Meditation -SR 1:00 Christmas Choir/Live Nativity Dress Rehearsal-C 1:30 Virtual Fun -TR 2:30 LC Beautiful Nails-SR 4:00 Happy Hour w/ Karens All Star Kazoo Band – TR	Ugly Sweater Fashion Show 8:45 Rosary w/ Ann Labuda – C 9:30 Wednesday Mass – C 10:00 LC 1 on 1 Visits 10:00 Morning Exercise– C 10:30 Daily Devotion-TR 11:00 Tea & Conversation-SR 12:00 LC Meditation -SR 1:00 Christmas Choir/Live Nativity Dress Rehearsal-C 1:30 Hot Coco & Movie-SR 2:00 Bridge—L 3:00 Chair Zumba w/ Peggy-TR 4:00 Happy Hour & Ugly Sweater Fashion Show – LR 6:30 Bingo w/ The Trovato Brothers-L			

December 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2024

Legend: Activity Room (AR), Back Patio (BP), Chapel(C), Front Porch (FP), Hallways (H), Library (L), Living Room (LR), Lynnhaven Cove (LC), Lynnhaven Cove Dining Room (LCDR), Main Dining Room (MDR), Private Dining Room (PDR), Salon (S), Sunroom (SR), Terrace Room (TR), TV Room (TVRM), Outing (O) ~ Activities typically run 30min. to 1hr. Please check daily TV bulletins located near the elevators and in Lynnhaven Cove for any updates and/or changes.



Holiday Headgear 19
9:30 Beautiful Nails w/ Ro-AR
10:00 LC 1 on 1 Visits
10:00 Morning Exercise – TR
12:00 LC Music Making -SR
1:30 LC Tasty Thursday-SR
1:30 Uno w/ Peggy- L
2:30 VA Beach Library Craft-AR
3:00 LC Poetry Reading-SR
4:00 Staff Merry-Oke Happy Hour Concert– LR
6:30 Canasta-L

Judging Gingerbread 20
Contest
10:00 LC 1 on 1 Visits
10:00 Morning Exercise w/ Brenda Shore – TR
12:00 Scented Hand Massage & Music-SR
12:00 Chess Club w/ Lori & Steve-3rd Floor
1:30 Sweet Treat (Holiday Cookies & Eggnog)-TR
4:00 Happy Hour-LR
5:00 Trivia Pursuit w/ Lori & Jake-L
6:00 Christmas Lights Joy Rides-O
6:30 Line Dancing-TR

21
10:00 Advocate for Souls in Purgatory—C
1:30 LC Karaoke with Dennis –SR
2:00 Poker w/ Celeste – L
2:30 Music w/ Dennis-SR
3:00 Spades w/ Nonie- PDR
4:00 Happy Hour w/ Dennis-LR
6:00 Hallmark Movie– Ch.74

22
8:45 Rosary – C
9:30 Sunday Communion–C
12:30 Shuttle to SGG Mass
1:30 All Faith Service & Angel Tree Memorial- C
2:30 LC Devotion – SR
3:00 Piano Sing Along w/ Dr. Villasis-LR
3:30 LC Hymn Sings – SR
4:00 Happy Hour w/ Sam- LR
6:00 Doug and the Original Super Band – TR
6:30 Bingo-L

23
9:00-11:00 Walmart/Bank
9:15 Rosary w/ Elizabeth-C
10:00 LC 1 on 1 Visits
10:00 Morning Exercise w/Peggy Gibson – TR
10:30 Daily Devotion-TR
11:00 LC Bread Making – SR
12:00 LC Volleyball Exercise-SR
1:00 Bible Study – C
2:00 Arts & Crafts w/ Nancy–AR
2:00 Balance in Action-TR
2:30 Christmas Choir Concert & Nativity-C
3:00 Scrabble w/ Brenda-L
4:00 Happy Hour – LR

Eggnog Day 24
10:00 1 on 1 Visits
10:00 Morning Exercise w/ Peggy– TR
10:30 LC Crafts (White Board Art)– SR
10:30 Daily Devotion-TR
10:30 Connors’ Culinary Creation(Gingerbread Cookies)-AR
11:00 VBSPCA Visiting Paws-LR
12:00 LC Meditation -SR
1:00 Bear Stuffing & Simple Mending-AR
1:00 Bible Stories-C
1:30 Virtual Fun -TR
2:30 LC Beautiful Nails-SR
2:30 Bingo w/ Eggnog & Gingerbread cookies
4:00 Happy Hour – LR

Wear Red and Green 25
8:45 Rosary w/ Ann Labuda-C
9:30 Communion Service-C
2:00 Hot Coco & Christmas Movie-SR
4:00 Holiday Bingo Happy Hour-L



26
9:30 Beautiful Nails w/ Ro-AR
10:00 LC 1 on 1 Visits
10:00 Morning Exercise – TR
12:00 LC Music Making -SR
1:30 LC Tasty Thursday-SR
1:30 Uno w/ Peggy- L
2:30 Bingo -L
3:00 Dining Committee Meeting-TR
3:00 LC Poetry Reading-SR
4:00 Happy Hour-LR
6:30 Canasta-L

27
9:00-11:00 Haygood/Library/Post Office/Bank
10:00 LC 1 on 1 Visits
10:00 Morning Exercise w/ Brenda Shore – TR
12:00 Scented Hand Massage & Music-SR
12:00 Chess Club w/ Lori & Steve-3rd Floor
3:30 December Birthday Bash-TR
5:00 Trivia Pursuit w/ Lori & Jake-L
6:30 Line Dancing-TR

28
10:00 Advocate for Souls in Purgatory—C
1:30 LC Karaoke with Dennis –SR
2:00 Poker w/ Celeste – L
2:30 Music w/ Dennis-SR
3:00 Spades w/ Nonie- PDR
4:00 Happy Hour w/ Dennis-LR
6:00 Hallmark Movie– Ch.74

29
8:45 Rosary – C
9:30 Sunday Communion–C
12:30 Shuttle to SGG Mass
1:30 All Faith Service- C
2:30 LC Devotion – SR
3:00 Piano Sing Along w/ Dr. Villasis-LR
3:30 LC Hymn Sings – SR
4:00 Happy Hour w/ Sam- LR
6:00 Doug and the Original Super Band – TR
6:30 Bingo-L

30
9:00-11:00 Walmart/Bank
9:15 Rosary w/ Elizabeth-C
10:00 LC 1 on 1 Visits
10:00 Morning Exercise w/Peggy Gibson – TR
10:30 Daily Devotion-TR
11:00 LC Bread Making – SR
12:00 LC Volleyball Exercise-SR
1:00 Bible Study – C
2:00 Arts & Crafts w/ Nancy–AR
2:00 Balance in Action-TR
3:00 Scrabble w/ Brenda-L
4:00 Happy Hour w/ Cider and Ginger cookies– LR

Door Decorating Ends 31
10:00 1 on 1 Visits
10:00 Morning Exercise w/ Peggy– TR
10:30 LC Crafts (New Years Painting)– SR
10:30 Daily Devotion-TR
12:00 LC Meditation -SR
1:00 Bear Stuffing & Simple Mending-AR
1:00 Bible Stories-C
1:30 Virtual Fun -TR
2:30 LC Beautiful Nails-SR
3:30 New Years Eve Party w/ Ava Bryan-TR
6:30 Old Fashion Hymn Sing w/ Denny & Bev & Pastor Vicki-C

Daily Visits with Dulce for the entire day AL & IAL.



Starting with IAL at 10am. Visits can be in your room or in the hallway

Haygood/Library/Post Office Trips are the 2nd & 4th Fridays from 9am-11am



Please be in the Living Room ready to depart by 8:45am

Walmart/Target/Bank Trips are on Monday mornings from 9am-11am



Sign up at the concierge desk. Please be in the Living Room and ready to depart by 8:45am

Transportation for doctor’s appointments is provided all day on Wednesdays only!



Appointment slips can be found on the door of the Activities office.